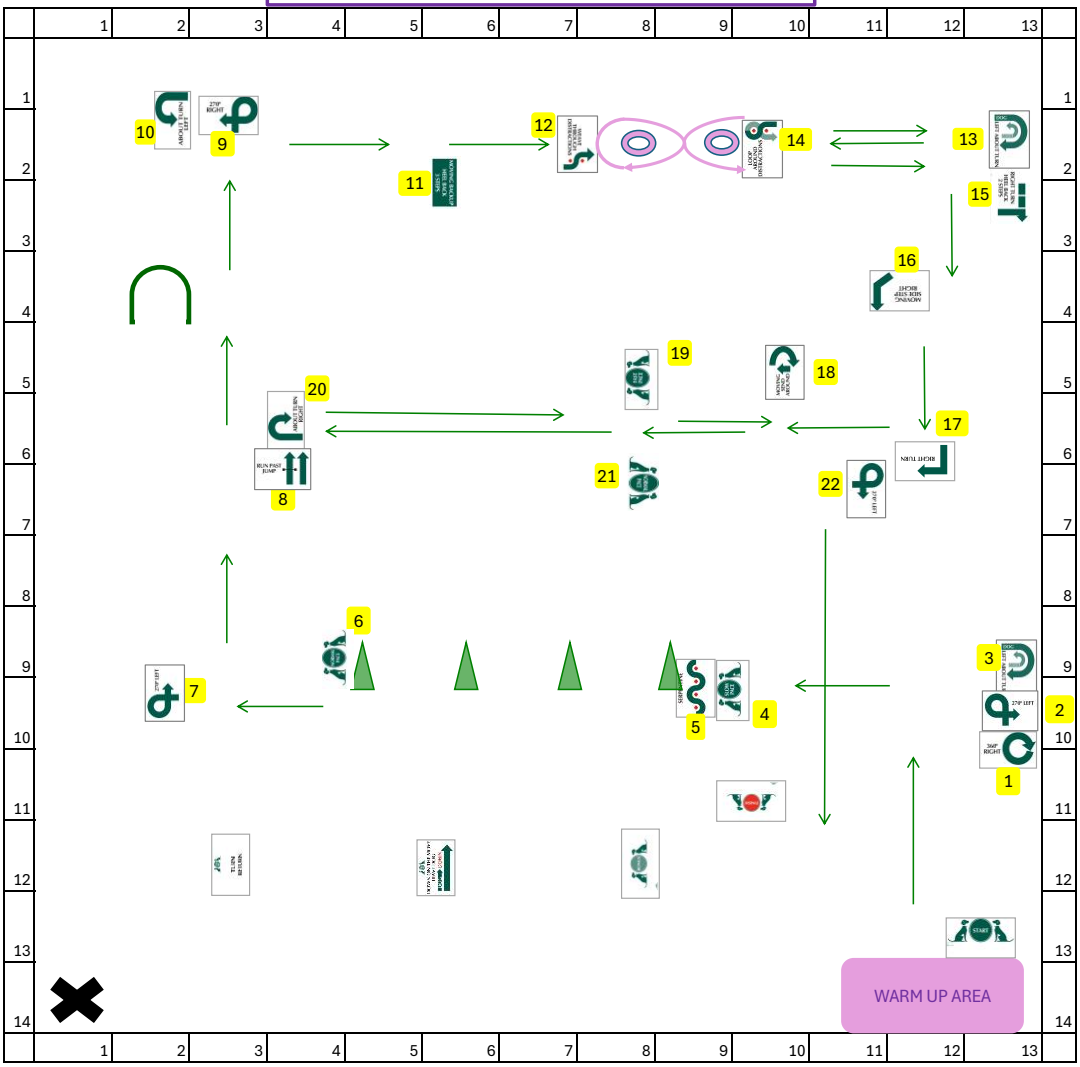
RallyOnline Group

ROL Level 6plus Oct 26
Judge Helen Conacher



Start	Exercise		KC sign No
1	360 Right	MOVING LINK	10
2	270 Left	MOVING LINK	25
3	Left about turn	MOVING LINK	40
4	Slow pace	MOVING LINK	15
5	Serpentine	MOVING LINK	22
6	Normal pace	MOVING LINK	17
7	270 Left		25
8	Run by Jump	HOOP = 2m before & after equipment	55
9	270 Right	MOVING LINK	9
10	About turn Left	MOVING LINK	8
11	Heel back 3 steps		58
12	Weave through distractions		35
13	Left about turn		40
14	Loop around distractions		45
15	Right turn, heel back 2 steps		67
16	Moving sidestep		18
17	Right turn		5
18	Moving sendaround		51
19	Fast pace		16
20	About turn right		7
21	Normal pace		17
22	270 Left		25
Finish			
Bonus	Down on the Move, turn & return		BE11

Tiebreak Bonus = B6

Notes - Moving links - exercises should flow seamlessly into the following exercise. Some signs may need to be placed offset to avoid being a trip hazard, just make sure they are visible on camera! Note that the serpentine is performed at slow pace.